



2995 W Elliot Rd, Ste 4, Chandler, AZ 85224
P: (602) 844-5157

Your Colonoscopy is scheduled for: _____

Please check in at: _____

Procedure time: _____

Southwest Endoscopy 2223 E Baseline Road Suite B Gilbert, AZ, 85234 Phone: 480-289-5266	Banner Desert Medical Center 1400 S Dobson Rd Mesa, AZ 85202 Phone: 480-412-3000
---	--

- Do not take any iron 5 days prior to your procedure.
- Please stop Aspirin or NSAIDS (Ibuprofen, Advil, Aleve) 5 days prior to your procedure.
- If you take any blood thinners: Plavix (Clopidogrel), Coumadin (Warfarin), Pradaxa, Effient, Brilinta, Eliquis or Xarelto please stop _____ days before your procedure.

The day before your colonoscopy:

- If you are diabetic, you will need to adjust your medication dosage for the day.
- Start a clear liquid diet for breakfast and lunch, examples are broth, jello, popsicles, water, sprite, ginger ale, tea, coffee, 7-up, and clear juices. (No red or purple dyes). **Do not have any solid foods until after your procedure.**
- **At 4pm** drink the first dose of the cleansing solution.
 - Pour one (1) 6 ounce bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16 ounce line on the container and mix. Drink ALL the SUPREP mixture
 - Drink two (2) 16 ounce glasses of water over the next hour.
- **At 9pm** repeat the SUPREP mixture followed by two (2) 16 ounce glasses of water.
- **Do not have anything to eat or drink after midnight.**

The day of your colonoscopy.

- You may take your heart and blood pressure medication with a small sip of water.
- Please bring your insurance cards, state ID and current list of medications.
- **You will be sedated for your procedure and you will need a driver to take you home.** You will not be able to drive or work for the rest of the day.